

Clearing up misconception and eliminating stigma

*“In all my years as a physician,
I have never, ever met an addicted
person who wanted to be an addict.” ♦*

*- Dr. Nora Volkow, Director of the
National Institute on Drug Abuse*

Once an addiction starts, the drugs rewire the brain, which means the person is no longer in control, the addiction is. ♦

Addiction: An uncontrollable and compulsive, psychological, physiological or chronic need for a habit-forming substance, behavior, or activity. ■

Substance Misuse: Continued improper use of a mind-altering substance that severely affects a person's physical health, mental health, social situations, and responsibilities. ■

Stigma: A strong feeling of disapproval that most people in a society have about something, especially when this is unfair. ❖

Common Misconceptions:

- People with substance use disorder are somehow weak.
- People choose to misuse drugs or alcohol.

These ideas are major contributing factors to stigma. Though some addictions start from recreational drug use, often others start from pain medications due to an accident.

♦ Source: The Science of Addiction: Breaking the Stigma.
By Jeffrey Juergens. July 17, 2015.

■ Source: Merriam-Webster.com

❖ Source: Cambridge.com

Find out more by starting a conversation with your doctor



- There are medications available to reverse the effects of some over-the-counter and prescription drugs, illicit drugs, and alcohol.
- Doctors can prescribe medications that suppress withdrawal symptoms, thus helping with recovery.
- If you, or someone you know, is struggling with substance misuse or addiction, there is hope. Recovery is possible.



Florida Health: the first accredited
public health system in the U.S.

OD2A
Home Page



Florida HEALTH

Duval County

Overdose Data to Action (OD2A)



Substance Misuse & Overdose Prevention

Find links and information at:

Duval.FloridaHealth.gov

Find out more by clicking on the
OD2A link located on the
Florida Department of Health
in Duval County's homepage.

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What is Overdose Data to Action (OD2A)?

OD2A is the Centers for Disease Control and Prevention's (CDC) nationwide grant created to reduce the overdose epidemic in the United States.

The Florida Department of Health in Duval County was one of the organizations that were awarded this grant. The goal? Connecting community members struggling with substance misuse and addiction to programs to support their recovery while combating stigma.

For more information visit:
Duval.FloridaHealth.gov
Click on the OD2A link



Treatment Locator



National Help Lines



Resources for Veterans



CDC: Information and Prevention Tips

OD2A Partner Agencies Teaming up to support Duval County.

Links to partner websites
are available on the OD2A homepage.



Florida Department of Health in Duval County

Linking Duval County with support
and resources.



The Health Planning Council of Northeast Florida

Linking Duval County with health resources.



Premier BioTech

Providing customized, drug screening services
for criminal justice/corrections, workplace,
health & human services, and clinical-based
programs.



Gateway

Providing compassionate services, including
Peer Specialists, to those lost in the despair
of addiction and mental health challenges.



The Pain Assessment and Management Initiative

Advancing innovation and safety in pain
education, patient care, and research.



Yoga 4 Change

Using yoga to teach positive & healthy coping
skills.



Drug Free Duval

A community coalition offering training and
support, with a single purpose: freedom from
substance abuse for all.



Inspire to Rise

Inspiring through community behavioral health,
education, peer support, and arts services.



Northeast Florida Healthy Start Coalition, Inc.

Serving Duval's substance-using pregnant
women and their babies through home visiting
peer specialists.

Be a Champion for Help and Become Someone's Hero



Get Involved

**Safely store and dispose of old or unused
medications and drugs.**

FREE training available. Click on the OD2A
link located at Duval.FloridaHealth.gov.

Carry Narcan, you could save a life.

FREE training and kit available. Click on the
OD2A link located at Duval.FloridaHealth.gov.

**Join the Poly-Drug Task Force: community
education & training committee meetings.**

Join Drug Free Duval in creating a safe
and healthy community related to substances.
Email info@drugfreeduval.org to join.

Make the connection, help is available.

If you, or someone you know, are struggling
with substance misuse or addiction.
Find resources by clicking on the OD2A link
located at Duval.FloridaHealth.gov.