HAV is contagious & can harm your liver.

HAV usually spreads person-to-person through objects, food or drink that are contaminated by small amounts of stool from a person with HAV.

**Symptoms**

You can have HAV for up 2 weeks without feeling sick, but during that time you may be spreading HAV to others.

Symptoms usually start 2–6 weeks after infection and last less than 2 months. Some people can be sick for up to 6 months.

**COMMON SYMPTOMS:**
- Stomach pain.
- Nausea and vomiting.
- Yellow skin or eyes (jaundice).

**OTHER SYMPTOMS:**
- Diarrhea.
- Loss of appetite.
- Joint pain.
- Pale or clay colored stool.
- Fever.
- Tired.
- Dark-colored urine.

Think you’re at risk? See your health care provider.

You’re at risk if you:
- Are in close contact, care for or live with someone who has HAV.
- Have recently visited a country where HAV is common—or been in close contact with someone who has HAV.
- Are having sex with someone who has HAV.
- Are a man who has had sex with other men.
- Use injection or non-injection drugs.
- Are homeless or in temporary housing.
- Have recently been incarcerated.

Your health care provider:
- Will talk to you about your risks and symptoms.
- May take a blood sample to test you for HAV.

If you have HAV, you will need to:
- Get lots of rest.
- Eat healthy food.
- Drink plenty of fluids.
- Keep all medical appointments with your health care provider.

Stay home from work if you have HAV.

If you have some symptoms and a close friend, relative or roommate who has been diagnosed with HAV in the past 30 days, see a health care provider immediately.

**LET YOUR BOSS KNOW IF:**
- You’re seeing a health care provider because you have HAV symptoms.
- You’ve seen a health care provider and you have HAV.

Prevent the spread of HAV.

Talk to your health care provider about getting vaccinated.

HAV can spread person-to-person from any sexual activity with a person who has HAV—using a condom will not prevent the spread of the virus. People who are sick with HAV should avoid sexual contact. People who are at-risk should get vaccinated.

An additional way to help prevent the spread of HAV is to wash your hands with soap and warm water for at least 20 seconds:

**BEFORE YOU**
- Prepare food.
- Work with food that isn’t already packaged.

**AFTER YOU**
- Touch people or public surfaces.
- Use the restroom.
- Change a diaper.
- Cough, sneeze or use a handkerchief or tissue.
- Use tobacco, eat or drink.

**ALCOHOL-BASED HAND SANITIZERS DON’T KILL HAV GERMS!**

**DON’T SHARE:**
- Towels, toothbrushes or eating utensils.

**DON’T TOUCH:**
- Food, drinks, drugs or cigarettes that have been handled by a person with HAV.

The HAV vaccine is safe & effective.

- If you’re at risk, you should get vaccinated.
- The vaccine is given as 2 shots, 6 months apart. You need both shots for the vaccine to work long-term.
- Contact your local health department if you don’t have health insurance at this time and you need help getting a vaccination.

Have questions? Like to learn more?

Contact the Florida Department of Health’s Hepatitis Section: 850-245-4303, HSD.Hepatitis@flhealth.gov

Learn more: CDC.gov/Hepatitis, Immunize.org/Hepatitis-A