



Choices

MY MIND **MY BODY** *Parent Edition*

Parents play a powerful role in helping teens make healthy decisions about sex, sexuality, and relationships. Your teen wants your help in understanding his or her feelings, peer pressure, and how to say no if he or she does not want to have sex. Share your views and values with teens. It matters!

TO SCHEDULE A CHOICES PARENT EDITION WORKSHOP:
904-253-1802

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www.cdc.gov/teenpregnancy/parent-guardian-resources/index.htm

