Nutrition Services
Provided by Licensed Registered Dietitians

Nutrition and Food Service Trainings:
Two Hour Trainings as Required Annually by Florida Statutes. Training cost: $100 per person (See class descriptions below)

"Institutional Food Service"
Includes a review of applicable Florida administrative codes, an overview of basic elder nutrition care and detailed menu planning tips.

"Elderly Nutrition"
Provides a review of applicable assisted living facility menu requirements, unique elder nutrition considerations and the process of menu planning.

"Menu Planning"
Includes review of menu requirements, tips for designing menus including portion sizes, menu substitutions, standardized recipes and menu forms.

"Special Diets"
Includes assisted living therapeutic diet regulations, sodium restriction and low fat, low cholesterol menu planning.

*The following classes are available in 2015:

January 15, 2015
2 to 4 PM
Florida Department of Health in Duval County
900 University Blvd, N.
Jacksonville, FL 32211

July 16, 2015 “Elderly Nutrition”
9 to 11 AM
Florida Department of Health in Duval County
900 University Blvd, N.
Jacksonville, FL 32211

March 26, 2015 “Institutional Food Service”
2 to 4 PM
Florida Department of Health in Duval County
900 University Blvd, N.
Jacksonville, FL 32211

September 17, 2015 “Special Diets”
9 to 11 AM
Florida Department of Health in Duval County
900 University Blvd
Jacksonville, FL 32211

May 21, 2015 “Menu Planning”
2 to 4 PM
Florida Department of Health in Duval County
900 University Blvd, N.
Jacksonville, FL 32211

November 19, 2015 “Menu Planning”
9 to 11 AM
Florida Department of Health in Duval County
900 University Blvd
Jacksonville, FL 32211

Registration deadline: 5 days prior to scheduled training date.

For more information please contact:
Florida Department of Health in Duval County
900 University Blvd, North
Jacksonville, FL 32211
(904) 253-1500